



Royal Canadian Legion Branch 445

**345 Lansdowne St.
Callander ON P0H1H0
Office: 705-752-3773
Lounge: 705-752-1322
www.callanderlegion.ca**



June 2014

Branch 445 Executive - 2013/2014

BRANCH EXECUTIVE		
President	Glenn Bennett	705-752-5923
Past President	Larrie Coulson	705-840-2325
First Vice	Caven Ford	705-752-2951
Second Vice	Ron Van Tassell	705-497-1102
Third Vice	Richard Rhindress	705-752-3935
Treasurer	Kathy Landon	705-752-5365
Secretary	Helen Turgeon	705-752-2624
ELECTED & APPOINTED EXECUTIVE COMMITTEE		
Membership	Emma Bennett	705-752-5923
Sgt. at Arms	Steve Larocque	705-776-1625
Poppy Chair	Nancy Clark	705-752-5689
Public Relations Officer	Leslie Cerisano	705-752-0739
Bar	Jim Landon	705-752-5365
House and Property	John Pearce	705-752-2297
Banquets	Helen Lariviere	705-472-4688
L.A. Liaison Officer	Don Bickerton	705-752-2204
Bylaws, Honors and Awards	Don MacDonald	705-497-3103
Seniors	Jack Else	705-752-2351
Pipe Major	Lloyd Stamp	705-752-3663
Nevada / Lottery	Janice Daniher	705-752-4673
Sick and Visiting	Tony Gagliardi	705-752-2867
Chaplain	Len Burnham	705-492-6420
Sports	Larrie Coulson	705-840-2325
Service Officer	Ron Van Tassell	705-497-1102
Audit/Finance Committee	Karen Duquette	705-497-3135
Bulletin	Caven Ford	705-752-2951
Youth and Education	T.B.A.	705-497-1102
1st. Callander Scouting Rep	Caven Ford	705-752-2951
LADIES AUXILIARY EXECUTIVE		
President	Helene Lariviere	705-472-4688
Past President	Irene Lewis	705-776-2214
First Vice	Marion Smith	705-752-1205
Second Vice	Brenda Lalonde	705-476-4445
Recording Secretary	Helen Turgeon	705-752-2624
Treasurer	Leslie Cerisano	705-752-0739
Sgt. at Arms	Cecile Farmer	705-752-5993

PRESIDENT'S REPORT

Comrades,

Thank you for having me for another term as your branch president. We have done a lot of things together in the last couple of years and there is still a lot of work to do. Remember, because you did things for your Legion years ago doesn't mean we don't need your help today. The only way a branch continues to run smoothly is with everybody pitching in and helping a little. Small things like coming out to dine ins and if possible bring a friend or family member; that really helps a lot. Maybe you would like to drop by and listen to music and have a couple of drinks and dance with your partner or friend; it all helps.

Then to the people that give countless hours of volunteering: thank you for your support!

We have recently painted the branch and replaced the culvert in the back parking lot. That's a few projects that we have accomplished in the last couple of months. We would like to do some more but funds being limited, there's not much more we can do right now. So again, every little bit of support you can manage goes a long way.

We only succeed if we all work together. Lets make the happy branch that much better of a place for all our members, come and support and meet your fellow comrades and enjoy your branch together.

Yours in Comradeship,
Glenn Bennett, Branch President

HONOURS AND AWARDS

Comrades,

Our Honours and Awards ceremonies are less than 2 weeks away. They are to be held on June 7, 2014. Cocktails are at 5:00pm to 6:00pm. A Prime Rib dinner will be served at 6:00pm followed by the awards ceremonies.

The cost to attend these ceremonies will be \$15.00 per person and tickets are on sale at the Bar.

Please plan to attend as we honour those who have dedicated themselves as volunteers to ensure our great Branch continues in a positive direction. Indeed we owe them for this success.

Yours in Comradeship,
Don Mac Donald, Honours and Awards Chairman

SERVICE OFFICER

If any Veterans and/or dependents are in need of assistance please contact:

Ron Van Tassell at 705-497-1102.

Remember Veterans, you do not have to be a Legion member in order to receive assistance.

Yours in Comradeship,
Ron Van Tassell

BRANCH 445 WEBSITE

Comrades,

Additions and improvements are continuously being made to the Branch website at www.callanderlegion.ca. If you have any suggestions for improvements or items to add or things you would like to see on the site, please use the link to email the webmaster on the main page of the site and let me know. Also, if you are interested in receiving your Bulletin by email, please click the link on the site to let us know.

Yours in Comradeship,
Caven Ford, Webmaster

PHONE COMMITTEE

Comrades, I am trying to form a phoning committee to contact all members with a few questions we would like answered. As with most endeavours, many hands make light work and if I can gather 10 Comrades willing to make a few phone calls we can manage this endeavour in a couple of hours. If you are interested in helping out, please contact myself at 705-752-0739 or call the branch at 705-752-3773.

Yours in Comradeship
Leslie Cerisano, Public Relations Officer

HOUSE AND PROPERTY

If there are any handy men and ladies interested in helping out at your Legion, please call John Pearce at 705-752-2297 to assist in keeping the branch in good shape. We wish to thank every volunteer that came out to paint the main hall recently, it really turned out well. Thank you all for your help!

Yours in Comradeship,
John Pearce. House and Property

NEVADA SALES

Your Branch is looking for Comrades to volunteer to sell Nevada Tickets at various functions in the near future. If you are interested in helping out, please contact me at 705-752-4673 or call the branch at 705-752-3773.

Yours in Comradeship
Janice Daniher, Nevada / Lottery Chair

Branch Bar Hours

Monday thru Thursday: 11 am - 9 pm

Friday: 11 am - 11 pm

Saturday: noon - 9 pm

Sunday: Noon - 6 pm

Phone: 705-752-1322

Don't forget that our deck is also licensed!

SICK AND VISITING

With great regrets we have lost 2 veterans, Ann Wilkinson and Frank Rading. We lost two members, Leonard McDonald and Wayne Chapman. Bob Wall's brother passed away as well as Mike McAnulty. We have quite a few members at home recuperating as well, Scott Symons who had surgery, Brent Coleman, Richard Rhindress who is doing well. Larrie Coulson is still having problems with his eyes. Keith Kuehle was in hospital and is home doing well. Jim and Kathy Landon's daughter and her son were in a car accident, Amber is okay, her son has a broken leg and is in hospital in Ottawa. We wish them well.

If there is anyone you know that is sick, please call me to let me know at 705-752-2867.

Yours in Comradeship,
Tony Gagliardi, Sick and Visiting Chair

BANQUETS AND FUNCTIONS

We have seen an increase in the dine in attendance and we would like to thank you and our appreciation goes beyond what mere words could express. Be safe and have an enjoyable summer to each and all.

UPCOMING EVENTS for the month of June:

June 7 - Honours and Awards Banquet

June 14 - Birthday Party

June 21 - Friday Night Fun Darts Banquet

June 28 - Wedding Reception

Yours in Comradeship,
Helene Lariviere and Brian Villeneuve, Banquet Co-ordinators

✂

If you have not received anything in the mail or had a telephone call from the branch then we may not have your correct address and/or phone number. Please complete the following and mail to the Branch or, better still, stop in and drop it off at the bar.

Last Name: _____ First Name: _____

Street Address: _____

City: _____ Postal Code: _____

Phone Number: _____ Email: _____

June 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Advanced Polls - Seniors Room	2 O/50 Cards L.A. General Meeting 7:30pm Advanced Polls - Seniors Room	3 Fiddlers 7pm Advanced Polls - Seniors Room	4 O/50 Darts Armed Forces Day North Bay Waterfront 1100-1300 Advanced Polls - Seniors Room	5 Legion General Meeting 7:00pm Advanced Polls - Seniors Room	6 O/50 Shuffleboard Roast Chicken Back in Tyme Fun Darts Advanced Polls - Seniors Room	7 Honours and Awards Banquet
8 Baby Shower—Seniors Room	9 O/50 Cards	10 O/50 Executive Meeting 10am	11 O/50 Darts O/50 Cards O/50 Fish Fry 5:30pm	12 Scouting Meeting 7pm Main Lounge Bayshore Village Mtg -Seniors Room	13 O/50 Shuffleboard Pork Schnitzel The Legends Fun Darts	14 Kelly Leach 80th Birthday Party
15	16 O/50 Cards	17	18 O/50 Darts O/50 Cards VON Foot Clinic-Seniors Room	19 Legion Executive Meeting 7:00 pm Joint meeting with Ladies Auxiliary Executive	20 O/50 Shuffleboard Roast Beef Julie McCory	21 Friday Night Fun Darts Banquet
22	23 O/50 Cards	24	25 O/50 Darts O/50 Cards	26	27 O/50 Shuffleboard Meat Loaf Bill Vrebosch Summer Fun Darts	28 Wedding Anniversary
29 Anniversary Party	30 O/50 Cards					

July 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	1 Fiddlers 7pm	2 O/50 Darts	3	4 Roast Chicken Back in Tyme Summer Fun Darts	5
6	7	8	9 O/50 Darts	10	11 Pork Schnitzel Bill Vrebosch Summer Fun Darts	12 Wedding Reception
13	14	15	16 O/50 Darts	17 Legion Executive Meeting 7:00 pm Tent Show 7:00pm	18 Roast Beef The Legends Simmer Fun Darts	19 Wedding - Main Hall Memorial Service - Seniors Room
20	21	22	23 O/50 Darts VON Foot Clinic- Seniors Room	24	25 BBQ Steak - \$12.00 per dinner Back in Tyme Summer Fun Darts	26
27	28	29	30 O/50 Darts	31		

LESLIE'S HEALTHY EATING CORNER

BREAKFAST - Potato Pancakes - Serves two

2 small potatoes
2 tbsp. wheat germ
1 large egg
2 tsp. olive oil
1/4 tsp. garlic
1 oz. shredded mozzarella cheese

* Heat a non-stick frying pan. Peel and grate potatoes. Mix potato, wheat germ, egg, olive oil and garlic. Use two tablespoons of mix to make one pancake. Fry until golden brown. Sprinkle with cheese.

LUNCH - Crab-Stuffed Tomatoes - Serves two

4 oz. canned crab meat, drained
2 tbsp. minced green onion
1 tsp. finely-chopped dill
1 tbsp. fresh lemon juice
1 tsp. finely-grated lemon rind
2 tbsp. fat-free mayonnaise
black pepper to taste
2 firm, ripe small tomatoes
1 tsp. finely-chopped parsley

* Mix crab meat, green onion, lemon juice, lemon rind, mayonnaise and black pepper. Place tomatoes stem-side down. make three vertical cuts in each tomato nearly through to the bottom. Spread wedges to form a tomato cup. Stuff the tomatoes with crab mixture. Garnish with fresh parsley.

SUPPER - Beer Marinated Steaks - Serves four

4 Steaks
1 bottle light beer
1/4 tsp. Chili Flakes
1/2 tsp. Oregano
1/2 tsp. minced garlic
1 cup spaghetti
2 tsp. soft, light margarine
1/2 cup chopped onion
2 tsp. olive oil
2 cups tomato

* Place steaks in an airtight container. Pour beer, chili flakes, oregano, and garlic over the steaks. Seal and marinate in refrigerator for four hours. Preheat grill to 400 F. Cook and drain spaghetti. Add margarine. Cook marinated steaks on the grill until done the way you like it. Sauté onion in olive oil. Skin and chop tomatoes. Add tomato and marinade to onion. Cook over medium heat until sauce is reduced by half. Serve with steaks and spaghetti

Yours in Comradeship,
Leslie Cerisano - PRO

LADIES AUXILIARY

At our General Meeting on May 5, 2014 we elected the following:

President	Helene Lariviere
1st Vice President	Marion Smith
2nd Vice President	Brenda Lalonde
Secretary	Helen Turgeon
Treasurer	Leslie Cerisano
Sgt. At Arms	Cecile Farmer
Sports Officer	Laura Ranger
Floor Executive	Olive Kuehl
	Emma Bennett
	Elaine Moore
	Helen Pearce
	Irene Lewis
	Marg Prudhomme
	Debbie Pyatt

Our next General Meeting will be on June 2, 2014 and is a pot luck dinner and meeting (casual dress, no uniform). Please get in touch with Joyce Peever at 705-752-1322 and let her know your favorite dish you will be bringing.

To one and all, be safe and have a wonderful summer!

Yours in Comradeship
Helene Lariviere, Ladies Auxiliary President

TUESDAY NIGHT CRIBBAGE

Comrades,

I would like to thank the Tuesday Night Cribbage gang for coming out to play. Because of you all, we were able to donate \$1,050.00 to the Legion to go towards the new culvert.

Yours in Comradeship,
Comrade Perry Richards

ARMED FORCES DAY

Comrades,

Wednesday June 4, 2014 is Armed Forces Day with displays and speeches etc. at the North Bay Waterfront from 11:00am to 1:00 pm.



The Royal Canadian Legion
Branch 445 Callander

Honours and Awards

Saturday, June 7, 2014

Cocktails: 5:00 pm

Dinner: 6:00 pm

\$15.00 per person



Wentworth Graham C.G.A.
President/Administrator

Telephone 705-752-1100
Fax 705-752-2570
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